



**“I REMEMBER STARTING TO WRITE IT AND FEELING BETTER, LIKE THE MUSIC WAS ABSORBING SOME OF THE DAY AWAY FROM ME.” \***

Whatever music you're into, we can help you make it

# MUSIC MINDS

Music mentoring sessions based around the music you love and may want to make for yourself.

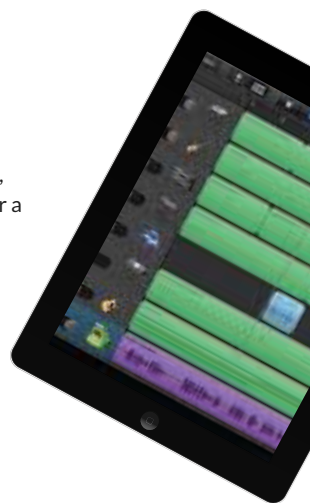
Our music leader will visit you in your home to help you make music, in any way that suits you: creating your own music using GarageBand on an iPad; singing, beatboxing or rapping; or making music with instruments.



For young people accessing Gloucestershire Hospital Education Service (GHES). Speak to your link tutor to sign up.

If you are a link tutor wanting to refer a young person, please contact Analise Price-Thomas, Head of GHES, for a referral form and details of the criteria

**\* quote from hip hop artist @antiofficial, featured in a case study from MIND, the mental health charity**



Delivered by The Music Works, in partnership with Gloucestershire Hospital Education Service.



Transforming lives through music  
[www.themusicworks.org.uk](http://www.themusicworks.org.uk)

